

Apple Watch

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What is the Apple Watch?

The Apple Watch is a watch that contains many different sensors and components that improved the regular watch. The Apple watch was designed by the tech giant Apple. This product's syncs directly to your Apple device and monitors steps, heartbeat, distance run/walked/cycled/swam, and also speed while doing these activities.



Physical Properties of the Apple Watch



Features switchable arm bands for comfort, sport, and luxury

Strengthened Ion-X glass, or sapphire glass for Watch edition

Smart connected components

Built-in GPS records precise distance, speed, and pace while you're walking, running, or cycling outdoors, and sends that data to your phone where you can monitor where you ran your fastest. And also see a map of your route.

Heart rate sensor collects data, and sends that data to your phone where you can monitor it on your phone



Problem solved because of the Apple Watch

The people behind the Apple Watch have incorporated the Health App in our iPhones for easy monitoring of the data collected by the Apple Watch. This data can then be relayed to 3rd party apps. An example of this is when the Apple Watch collects calories burned during a workout, or during the course of the day. It then sends that data to the Health App which can send it to My Fitness Pal and Under Armour app for maintaining calories burned and consumed.

